**A prayer for these days (Covid 19)**

In these days when ‘all shall be well’ feels at odds with grievous reality,

**God be with us.**

In these days when enormity becomes a distraction, and small things claim our focus,

**God be with us**

In these days when our inner solitude is too loud, and outside is unnervingly quiet,

**God be with us.**

In these days when our fear contracts us, and stretches our hope,

**God be with us**.

In these days when routines are snatched from us, and we drift from our groove,

**help us to know** how shallow was the groove of habit, and how the drift is toward centre.

In these days when we extend our distance from others,

**help us to know** how tensile are the invisible ties that bind

In these days when inequalities unleash their deadly effects,

**help us to know** that God loves justice, and it will prevail.

In these days when activity is frenetic, uncomfortable or unavailable

**help us to know** that the God who dwells in us does the work.

**Amen**

(Alison Webster)